

SOCIAL AFTERNOON

Join us for a social afternoon
every Friday* 1pm - 3pm at
St Andrews Church,
Blenheim Road, **Eastleigh**
SO50 5LQ

A **free** event for people living with
dementia & their family carers. No need
to book, just turn up and join in!

Arts & Crafts
Reminiscence
Cognitive Stimulation Games
Quizzes & Conversation
Information & Signposting

Refreshments served

*Excluding bank holidays

Full details available at
www.mydementiasupport.org

or call 0344 324 6589

Dementia Support Hampshire & IOW
is a registered charity (no. 1198042)
in England & Wales

Donations Welcome



**Dementia
Support**
Hampshire & IOW